



WYOMING



workpartners 

	Details
Coaching and Counseling Services	
<ul style="list-style-type: none"> Professional counselors provide confidential services for employees and their household members for a wide range of everyday life issues, including family/relationship concerns, work/career challenges, stress, making healthy lifestyle changes, managing anxiety and depression, and alcohol/drug abuse 	Up to 6 sessions in person, virtually, and telephonically per issue
Onsite and Virtual Training	
<p>Available for training, orientations, and DEMs (disruptive event management); to be used at customer discretion</p> <ul style="list-style-type: none"> Disruptive Event Management (DEM) Support <ul style="list-style-type: none"> Unlimited 24/7 telephone support is available to those managing the situation Psychological first aid for those who need immediate assistance Our trained crisis professionals are available to help your organization during and beyond disruptive events. We offer onsite and/or virtual interventions Help with recovery, resilience, and self-care strategies for management and staff Education, training, and wellness support <ul style="list-style-type: none"> Leadership training for managers, supervisors, and HR professionals to improve coaching skills to support proactive and performance-based referrals to EAP Trainings and workshops on topics such as personal well-being, substance use, organizational development, financial wellness, grief and loss, and workplace culture Wellness workshops on topics such as stress, change management, and generational differences Alcohol and drug awareness training for leadership, managers and supervisors, and staff Mindfulness Support 	10 Hours Included
Personalized Work/Life Services	
<ul style="list-style-type: none"> Financial Fitness Center: Resource for an individualized financial fitness score that details knowledge, attitude, and beliefs about finances and suggests online tutorials to improve the score and reduce stress Resilience Journey: An interactive online resource to help you bounce back from life's struggles Monthly Wellness Webinars: Expert-led 45- to 50-minute presentations on a variety of well-being topics. Skill Builders: 50-minute self-guided educational courses on personal and professional topics. 	

Personalized Mobile App

- RxWell App: Evidence-based, cognitive behavioral therapy through a custom, personalized experience to help employees overcome barriers to living their best lives.

Financial Consultation Services

- No-cost financial guidance from a certified financial professional in areas such as debt management, budgeting, and spending habits

Legal Consultation Services

- Legal consultation with a local attorney: Initial 30 minutes at no cost and up to a 25 percent off the attorney's rates for additional services