



## LifeSolutions<sup>®</sup> EAP

Handle the challenges that come your way.

1-833-210-1489 (TTY: 711)

[lifesolutionsforyou.com](http://lifesolutionsforyou.com)

Company code: WEBT

All services are private and confidential. We answer 24/7.

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## Helping you find solutions for:

- Relationship problems (family, marital, and more)
- Child care, elder care, and daily living challenges
- Work- and career-related issues
- Stress, anxiety, and depression
- Alcohol and drug concerns